

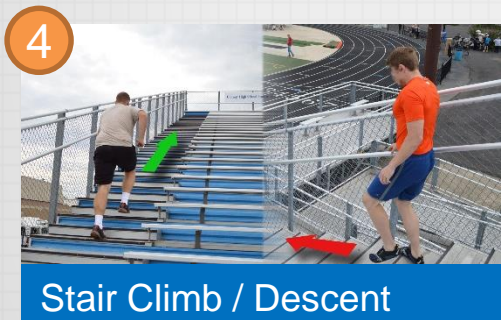
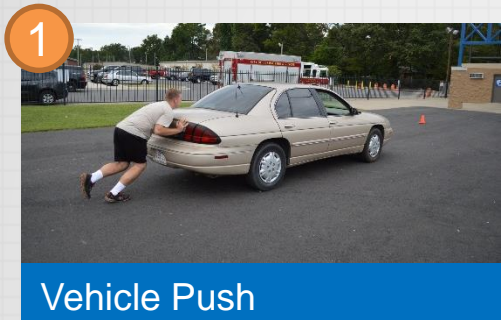


= Conway Police Department =

Physical Agility Entry Level Test



The physical agility course utilized by the Conway Police Department consists of seven (7) individual elements or “stations.”



1

Vehicle Push



The applicant will be seated in a patrol vehicle with his or her seatbelt fastened and the door closed. The timing begins when the applicant is commanded to begin. The applicant must be able to exit the vehicle, push the patrol vehicle fifty (50) feet, and proceed to Station #2.



2

440-yard Run

The applicant will run 440 yards, one (1) lap, around the track and proceed to Station #3.



3

Barrier Obstacle

5



The applicant must be able to negotiate a seven foot barrier and complete Station #4 before renegotiating the same barrier obstacle in reverse order (Station #5).



4

Stair Climb / Descent



The applicant must climb to the top stair of a flight of bleachers, touch the top fence row, then descend the flight of bleachers (touching each step on the descent and holding onto the handrail) before proceeding to Station #5.



6

Baton Strike

The applicant must deliver thirty (30) strikes using a training baton to a dummy in the approved areas of the body (arms and legs) before proceeding to Station #7.



7

Dummy Drag

The applicant will drag a 150lb. dummy, thirty (30) feet. The test concludes when the entire dummy is across the line.



Requirements



The agility test is a “Pass / Fail” test that must be completed within 4 minutes and 35 seconds.

Failure to complete the test within the 4 minute and 35 second time limit disqualifies the candidate from further consideration in this year’s testing process.





THANK YOU FOR YOUR INTEREST IN
THE CONWAY POLICE DEPARTMENT